Ratios of the number of cold events observed under low NAM conditions to the number of cold events observed under high NAM conditions. Cold events are daily minimum temperature < 1.5 standard deviation below the climatological mean. Shading is drawn for ratios +/- 2:1, 3:1, 4:1, and 6:1. Blue shading indicates more cold events under low index conditions.

Thompson and Wallace, Science 2001